

RESOURCES FOR VIRTUAL WORK TEAMS & EMPLOYEES

<https://www.aerobodies.com/mindwell-whats-new/>

MindWellSuite™

Introducing the MindWell Suite powered by Aerobodies. We have been around for more than 20 years, so as experts in health, wellness, and mind-body innovations we base our decisions on proven practices and skillful experience. That empowers us to provide our customers with well-researched, value-based guidance on best-in-class solutions to help you and your team continue to thrive through good times and challenging times. The MindWell Suite gives you the tools and resources you need to help you continue to thrive through all times and all seasons.

Jump to a resource:

- [Video: Returning to Work Post COVID – Recovery Solutions](#)
- [Video: Reopening Your Business During the COVID Pandemic](#)
- [25 Creative Ways to Fight Loneliness & Get Healthy Right Now](#)
 - [Info on Sharon Lipinski's "But I Don't Wanna Wear My Face Mask..." Webinar](#)
- Sharon Lipinski's Checklist – Essential Behavior Accelerator